Have you ever heard of judo? Judo is a martial art. It is a sport that does not use weapons. Instead, judo uses holds and body movements. In that way, it is a little like karate. Judo was started in 1882 by Dr. Jigoro Kano. He studied martial arts in Japan and developed judo from them. You do not have to be big and strong to learn judo because judo is about timing. It is also about movement and skill. Judo experts can win competitions even when their opponents are bigger. They know that timing and skill are more important than size. Anyone can learn judo, even little children. There are classes for people of all ages and all ability levels. Judo is very popular—it is even an Olympic sport.

1. What is this text mostly about?
   A karate
   B judo
   C the Olympics
   D Japan

2. What does judo use instead of weapons?
   A size
   B martial arts
   C holds and body movements
   D the Olympics

3. What is a martial art?
   A a sport that uses self defense without weapons
   B a body movement
   C a little child
   D a sport that uses a ball

4. What is an expert?
   A a sport
   B a person who is not good at something
   C a person who is new at something
   D a person who is very good at something

5. Which is the root word in competitions?
   A petition
   B comp
   C compete
   D pet

---

© Shell Education #50926—180 Days of Reading for Fifth Grade
Read the text and then answer the questions.

Have you ever seen a movie that had a sword fight? The actors who used the swords probably learned to fence. *Fencing* is a sport that uses a special kind of sword. Fencers wear special clothes. Those clothes protect the fencers. The object of a fencing match is to touch your opponent with your weapon as many times as possible. Whoever gets the most touches is the winner. Fencing takes a lot of practice. There are several fencing moves that fencers have to learn. For example, fencers learn how to try to touch their opponents and how to defend against an opponent’s touch. They learn how to move around, both backward and forward. Fencing started in France, so most of the words used in fencing are French. Fencing is an Olympic sport.

1. Which statement is **not** true about fencing?
   - A) Fencing uses mostly German words.
   - B) Fencing is an Olympic event.
   - C) Fencing uses a special kind of sword.
   - D) The object of fencing is to touch your opponent with your sword.

2. What do fencers have to learn?
   - A) how to speak French
   - B) how to ride a bicycle
   - C) how to ride on a horse
   - D) how to touch their opponents with a weapon

3. What does the suffix –er mean in *fencer*?
   - A) the study of
   - B) a speaker of
   - C) someone who
   - D) formerly

4. Which two words are antonyms?
   - A) protect and defend
   - B) fencing and French
   - C) backward and forward
   - D) move and clothes

5. Which is **not** a plural noun in this text?
   - A) opponent’s
   - B) swords
   - C) actors
   - D) fencers

---

**SCORE**

1. Y N
2. Y N
3. Y N
4. Y N
5. Y N

___ / 5
Total
Read the text and then answer the questions.

If you like to be out on the water, you might enjoy the sport of rowing. In rowing, teams of people race one another in special boats. Rowing can be done on lakes, rivers, or even the ocean. To move their boats, rowers sit facing backward on special seats in their boats. They use paddles called oars that are designed for rowing and are attached to the boat. The oars push the boat through the water. Rowers have to work together as a team. Each person on the team has to row in the right direction at exactly the right time. Otherwise, the boat will not move forward. Rowing is good for your body; it helps make your arm and back muscles strong. Rowing also helps to strengthen your leg muscles. Rowing is popular wherever there are lakes and rivers. It is one of the oldest Olympic sports.

1. Which word would tell a reader more about this text?
   A. river
   B. arm
   C. muscles
   D. rowing

2. Where is rowing popular?
   A. wherever there are lakes and rivers
   B. in the desert
   C. only in big cities
   D. only in the ocean

3. What are special paddles that rowers use to move the boat?
   A. muscles
   B. rowers
   C. boats
   D. oars

4. Which is an antonym of strong?
   A. weak
   B. big
   C. muscular
   D. strengthen

5. Which word is used in the text to indicate the effect of something?
   A. even
   B. designed
   C. otherwise
   D. each
THE SUMMER OLYMPIC GAMES

Every four years, a very special event occurs. Athletes from all over the world gather together. They compete in their sports. They try to win medals. That special event is called the Summer Olympic Games. It is also called the Olympiad. Many sports are a part of the Olympics. Athletes row, fence, and ride horses. They swim, run, and play soccer. Judo and boxing are also part of the Summer Olympics. So are baseball and gymnastics.

How did the Olympics start? Nearly 3,000 years ago in Ancient Greece, people got together every four years. They raced and boxed. They competed to see who could throw a spear the farthest. There were other events, too. After many years, the Greeks stopped having the games. For a long time, there were no games. Then in 1896, the modern Olympics began. The first modern Olympic Games were held in Athens. Athens is the capital of Greece. Since 1900, the games have been held every four years. The games have only been cancelled three times—in 1916, 1940, and 1944. In those years, the games could not be held because of World War I and World War II.

Where are the Olympics held? Each Olympiad is held in a different city. Cities that want to host the Olympics apply to have the games. They apply to a special group of people. This group is called the International Olympic Committee. This group decides which city will get the games. The Games have been held in cities all over the world. They have been held in Paris, France. They have been held in Los Angeles, California. They have been held in Rome, Italy, and in Tokyo, Japan. They have been held in many other places, too. In 2016, the Games will be held in Rio de Janeiro, Brazil. Wherever the Summer Games are held, millions of people will be watching them.
Read “The Summer Olympic Games” and then answer the questions.

1. Which event happens first?
   - A Cities apply to the International Olympic Committee.
   - B Cities decide that they want to host the Olympic Games.
   - C The Olympic Games are held.
   - D The committee decides where the Olympic Games will be.

2. Why were the first modern Olympic Games held in Athens?
   - A The Olympics began in Greece.
   - B Athens was the largest city in the world.
   - C Athens had the most athletes.
   - D No other city wanted to have the Olympics.

3. What is a good reason to read this?
   - A to find out about the Olympics
   - B to travel to London
   - C to learn about Ancient Greece
   - D to learn how to row

4. What is most likely the author’s opinion?
   - A There should not be Olympic Games.
   - B The Olympic Games are too dangerous for athletes.
   - C The Olympic Games are exciting.
   - D The Olympic Games are boring.

5. Which sentence from the text reflects a main idea?
   - A How did the Olympics start?
   - B They apply to a special group of people.
   - C They swim, run, and play soccer.
   - D They try to win medals.

6. On which continent would the Summer Olympic Games not be held?
   - A Europe
   - B North America
   - C Asia
   - D Antarctica

7. What is this text mostly about?
   - A Tokyo
   - B the Olympics
   - C Greece
   - D games

8. Why did the Olympic Games have to be cancelled?
   - A Athletes did not want to compete.
   - B World War I and World War II took place.
   - C No city wanted to host the Games.
   - D There were no sports.
Which Summer Olympic events are your favorite? Why?

_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________